May 15, 2020

COVID-19 SOP for SSC Members

For the safety of all Members and staff, please follow the procedures shown below and always remember to practice safe social distancing:

- 1. All members must complete the Government Self-Assessment before entering the Club: https://ca.thrive.health/covid19/en
- 2. Ask members to stay home if they have any symptoms of COVID-19 or have been in contact with someone who has or had the virus in the previous 14 days. See link for symptoms https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/symptoms.html
- 3. Any member entering SSC grounds should disinfect their hands before entering and upon leaving.
- 4. Members must bring their own soapy water or disinfecting solutions to use on any surfaces that they touch or sanitize their hands (for disinfecting, use a sanitizing solution of either 75% or higher alcohol-based product or bleach at a concentration of 20ml/4 teaspoons per liter. Diluted bleach has a shelf life of 24 hours, so mix a fresh batch every day.
- 5. Keep Physical Distancing of 2m.
- 6. Do not move seats or tables. Do not occupy someone's seats/tables. Bring your own seats to the beach area, or disinfect club's ones after use.
- 7. Keep entrance gates locked at all times.
- 8. Clubhouse remains closed until further notice.
- 9. Guests camping area remains closed until further notice.
- 10. Guests are allowed if co-isolating for 14 days, and must camp in member's campsites.
- 11. Use outhouses closest to your campsite. Supervise children while using them
- 12. Parents or guardians who bring children to the club are responsible for following the guidelines and for sanitizing any tools used/touched by their children.
- 13. Wear a mask/bandanas if in close contact with others.
- 14. Avoid large groups where social distancing is not feasible.
- 15. Do not share personal water bottles, food, gear, equipment, sunscreen, towels, PFDs, etc.
- 16. Please exercise caution when disposing of wet paper towels and other exposed materials and put them in your own garbage bags.
- 17. Members and guests that are violating these rules/guidelines will not be allowed to access the SSC.

"Sailing like other outdoor activities and especially water sports can be a low COVID-19 risk activity if the above steps are taken".

Thank you to all our Members for their continued support and co-operation during this crisis. We remain one family during this challenging time, united, strong and together we will prevail!